



NYS Apples
NYS Potatoes
NYS Onions

May

2025 9-12



Lunch

Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1 Macaroni and Cheese NYS Potatoes 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	2 Meatball Submarine w/Mozzarella Cheese 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Cinco De Mayo! Nacho Grande w/Tostitos Cheese and Salsa Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Grilled Cheese Sandwich w/Tomato Soup Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	7 Juicy Hamburger or Cheeseburger on a WG Bun Green Peas 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	8 Homemade Goulash Mixed Veggies 1/2c Sliced Cucumber 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Baked Chicken 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Sahlen's Hot Dog On a Bun Celery Sticks 1/2c Carrot Sticks 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Taco in a Bag w/Cheese, Salsa and Sour Cream Baked Beans 1/2c Roasted Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	14 Teriyaki Chicken w/Seasoned Rice and Fresh Broccoli and Peppers Mixed Vegetables 1/2c Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	15 PoPcOrN Chicken w/ Creamy Potatoes and Hot Gravy NYS Potatoes and Onions 1/2c Green Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	16 National Pizza Day!! Pizza Pasta w/Meat Sauce and Cheese 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz Hersey's Chocolate Sunday Cup
19 Buffalo Chicken Tender Sub w/ Hot Sauce and Lettuce Green Beans 1/2c Grape Tomatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Nacho Grande w/Tostitos Cheese and Salsa Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	21 Hot Ham and Cheese Potatoes 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	22 Chili Cheese Fries Made with Crinkle Cut Fries Mixed Veggies 1/2c Pinto Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	23 Chicken Alfredo w/a Dinner Roll 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
26 Happy Memorial Day! 	27 Taco in a Bag w/Cheese, Salsa and Sour Cream Baked Beans 1/2c Roasted Cauliflower 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	28 Meatball Submarine w/Mozzarella Cheese Mixed Vegetables 1/2c Fresh Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Hot Turkey Sandwich w/Gravy NYS Potatoes and Onions 1/2c Roasted Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	30 Macaroni and Cheese 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS
*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

The Following Entrees Served Daily:
Cheese or Cheese and Pepperoni
Pizza (2M2G)

10" Beef Taco (2M2G)

6" Subs and Wraps (2M2G)

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly
Sandwich (2M2G)

Fruit & Yogurt Parfait
w/Flatbread(2M2G)

Offered daily with all School Lunches:
Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable
- may take up to 1 cup)

NY State 8oz 1% or Skim
White Milk
Fat Free Chocolate Milk



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org. Additionally, ingredient and nutritional information is available upon request

Students Receive Free Lunch